

PreK Skills To Work On At Home 😊

- Have your child tell you their first and last name.
- Have your child practice recognizing and telling you each letter in their first name.
- Work with your child on recognizing the shapes: circle, square, rectangle and triangle.
- Work with your child building an ABAB pattern. Example: Blue, Red, Blue, Red
- Counting Objects 0-10.
- Sort and describe objects. Asking the question, “Why did you sort the objects this way”? Because they are all red.
- Practice counting out loud numbers 1-20 and beyond.
- Have your child work with flashcards to recognize numbers 0-10. Mix them up
- Have your child work with dice to recognize the dots quickly without counting them. This is called Subitizing.
- Have your child practice writing their name. Use an uppercase letter for the first letter then the rest of the letters should be lowercase letters. Example: Julia
- Practice with words that are opposite, use the word ‘opposite’ when practicing. Example: happy/sad, big/little, hot/cold/ night/day.
- Practice uppercase letters, using flashcards, mix them up. Benchmark: 21/26
- Practice letter sounds with your child. Benchmark: 10/26
- Practice rhyming words. Example: cat/hat, dog/frog, man/can. Have your child listen carefully to the middle and end sounds that sound the same.
- Practice putting on and taking off their coats, and shoes.
- Practice zipping up and down zippers on coats and backpacks.
- Read, Read, Read, to your child.
- Practice fine motor skills. Small movements of the hand are referred to as fine motor skills. These skills help strengthen the tiny muscles in their hands, getting them ready to write. Examples can include Legos, stringing beads, play dough, tear paper, pinch clothespins open and closed, picking up stones, and using tweezers to pick up small objects.
- Talk to your child about their emotions: “I can see that you’re sad or mad.....” “It’s OK to feel sad sometimes. How can I help you feel better?” Also, notice when your child is happy and excited. “It can see that you’re happy..” “What made you so happy?” It is healthy for your child to talk about their feelings.
- Give your child some chores to do at home, this helps them become independent and promotes responsibility. It can be as simple as sorting socks into piles after you do the laundry. Your child could put the forks, and spoons away after the dishes are done or make their bed when they get up in the morning. Four and five year olds love to help.