

Snack Time



Each child will be assigned a day on a monthly snack calendar to bring in a snack. When it's your child's turn for snack, please bring:

** 1 gallon of milk or 100% fruit juice

** A healthy snack

**paper cups

**napkins

**any extra equipment that goes with the snack; spoons, bowls, etc.

Suggestions for snacks are listed below:

Crackers with cheese and/or sausage

Cracker sandwiches with cream cheese or cheese

Graham crackers (any flavor)

Raw vegetables (w/dip)

Fresh fruit

Raisins

Finger sandwiches

Muffins

Granola bars

Rice Krispie treats

Cheese crackers

Cheese sticks

These are only suggestions...be creative please keep in mind we need to serve healthy snacks.